



New Jersey Youth Symphony
570 Central Avenue Murray Hill, NJ 07974
(908) 771-5544 Telephone
(908) 771-9839 Fax
www.njys.org

NJYS Recommends...

Adams & Madam Clothing Store
1275 Springfield Avenue
New Providence, NJ 07974
908-665-0800

Measuring Hints

Sleeve Length (only on men's shirts)

With coat off and one arm bent (like you are playing the trumpet), measure from the middle of the back of the neck, over the high point of the shoulder, down around the elbow to the wrist bone. The measurement must be in whole inches (e.g. 31 inches).

Waist

Measure around the natural waist keeping the tape snug

Neck

Gently wrap the tape measure around the neck, leaving room for 2 fingers between the neck and the tape measure. The measurement must be in half inches (e.g. 15 ½ inches).

Outseam and skirt lengths

With the trouser or skirt at the natural waist line, measure from the top of the waist, down the outside of the leg to the desired trouser/skirt length.

Bust

Measure around the fullest part of the bust, keeping the tape measure parallel to the floor.

